

SASMOA

The South Australian
Salaried Medical Officers Association



MEMBER UPDATE

GET READY TO ROCK YOUR SOCKS ONE WEEK UNTIL #CRAZYSOCKS4DOCS DAY

Issued: Friday 29 May 2020

A reminder to Members that next Friday (5 June) is 2020 [#CrazySocks4Docs](#) Day.

[#CrazySocks4Docs](#) aims to raise awareness about mental health issues experienced by doctors and help make it OK to talk about them. It is also an opportunity to raise some funds for doctor-specific mental health research projects in conjunction with the Breakthrough Mental Health Research Foundation.

So, dig through your sock drawer this weekend for the craziest socks you have, keep an eye out at the shops, or hop online to purchase some “official” crazy socks through this link: crazysocks4docs.raisely.com

PRIZES!

As an incentive to put on your socks, SASMOA will be offering prizes for the best crazy socks photos published to social media next Friday:

- the best group photo from each of the four large metro LHNs (Northern Adelaide, Southern Adelaide, Central Adelaide, Women’s & Children’s) plus combined regional LHNs will win a Presidential Hamper from Charlesworth Nuts (so five hampers to be won all up)
- the photo of the best individual socks will win a \$150 dinner voucher courtesy of SASMOA.

HOW TO PUBLISH YOUR PHOTOS

- Use your own social media with the hashtag [#CrazySocks4Docs](#) and tagging [@sasmoapage](#) on Facebook and [@SASMOA_ASMOFSA](#) on Twitter to promote [#CrazySocks4Docs](#)
- Send your photos direct to SASMOA at 0403354018

There will be more information next week about coffee, donuts and some video messages from SASMOA doctors – standby for more, but start lining up your socks now!

Ends